



## PSHE

### 1) What is the intent?

In the PSHE curriculum: What is the intent behind the sequence of learning / curriculum?

(Guided by Jigsaw scheme of learning)

- Children will be taught key knowledge, skills and vocabulary through skills based lessons within each year group.
- Children are aspirational and aim high
- Jigsaw has a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health. Our scheme delivers engaging and relevant PSHE using a whole class approach.
- Lessons introduce and develop mindfulness in all years, expanding children's emotional awareness, concentration and focus.
- Children can play and learn as part of a team and be respectful to others.
- Children will be given opportunities to use their learning to understand relevant, real world problems.
- They know the difference between right and wrong.
- Whole school assemblies at the start of each term will launch a new area (puzzle) and link learning across the school.
- Every lesson has two Learning Intentions, one specific to Relationships and Health Education (PSHE) and the other designed to develop emotional literacy and social skills.
- Children are curious about the world

- Children know how to keep themselves safe and physically and mentally healthy
- Each lesson highlights specific vocabulary to introduce to the children throughout the lesson to ensure they hear the correct terms for new learning.
- Children will develop their critical thinking as they reflect on and evaluate their own work using their jigsaw journey.
- Children's work will be recorded in 'big books' each term per year group.
- Relationships and health education will be taught explicitly through this, giving the children relevant learning experiences to help them navigate their world and to develop positive relationships with themselves and others.
- SRE will be taught in each year with gradual progression through the school linking to science objectives.
- Children will have jigsaw journals to use when they need to record information in the lesson or write down their thoughts.
- Lessons will have 'calm me time' for children to understand how to calm their mind and make sure they are ready to learn, also giving them this strategy for other lessons.
- Children gain a better understanding of mental health and how to stay mentally healthy. They will know the differences between physical and mental health and have techniques to support them.
- Children come up with an agreed upon charter in their class at the start of the year to have rules in place so lessons are comfortable for them to share.

## **2) Implementation – PSHE Leaders will use:**

- Lesson observations and check ins.
- Ensure jigsaw planning is being followed in lessons.
- Book looks of each year's 'big book'.
- Staff meeting training to introduce the scheme.

- Pupil conferencing ~ talking to the children and listening to them about their learning and understanding of PSHE.
- Talk to teachers and support staff to check in on how they are finding the teaching of the new scheme.
- Hold meeting for KS2 parents to discuss changes to RSE objectives.
- Meet with deputy head to go through changes to RSE in KS2.
- Teachers will plan using the Curriculum Overviews and The Step by Step jigsaw scheme as a scaffold to ensure the progression of skills is followed.

### **3) What is the impact?**

- Children will build upon skills learned previously in emotional literacy, mindfulness and their understanding of the world around them.
- Children will revisit past vocabulary and learn new specific vocabulary. Their understanding and use of this vocabulary will enable them to talk about learning with confidence in a mature manner.
- Children will feel comfortable with their emotions and have a better understanding on their physical and mental well-being.
- Children will have an awareness of different problems that effect of children their age in different countries and real issues in the world.
- Children will have a better understanding of social media and the effect it has on people's self-image (filters and Photoshop).
- Photos of children's learning or post-it notes with comments in 'big books' will show evidence of this.
- Jigsaw journals will document some of the children's learning in class.
- Pupil conferencing- children will be able to talk about their own learning.

### **4) What will excellence look like in PSHE?**

- Teachers will know the intent of PSHE – why we are teaching it, what we are teaching and when we are teaching it.
- Weekly planning will show when this is being taught. Jigsaw lesson plans followed will ensure learning takes place.
- Children enjoying PSHE lessons, feeling comfortable to share with each other and know how to calm themselves ready to learn.
- Quality discussions taking place in lessons between pupils and with the teacher.
- Children will speak confidently and enthusiastically about their own learning and will know what they are learning.
- Children and adults will have an understanding of different techniques such as mindfulness, connecting time and reflecting.

