



PHYSICAL EDUCATION

1) What is the intent?

At Castle Batch the PE curriculum will ensure that:

- Children learn about the importance of leading healthy and active lifestyles and engage in regular physical activity.
 - Children are inspired to develop a broad range of activities and potentially excel in competitive sport
 - Children have opportunities to participate in competitive activities, to build character and help to embed values such as fairness and respect.
 - There are opportunities for pupils to become physically active for sustained periods of time.
 - Children are confident to communicate their learning and use sport specific vocabulary.
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- **By the end of KS1**, children will develop fundamental movement skills, becoming increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.
 - **Pupils in KS1** will be taught to master basic movements including running, jumping, throwing and catching and begin to apply these in a range of activities. They will participate in team games, developing simple tactics for attacking and defending. They will perform dances using simple movement patterns.
 - **By the end of KS2**, children will continue to develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.
 - **Pupils in KS2** should be taught to use running, jumping, throwing and catching in isolation and in combination; play competitive games, modified where appropriate; develop flexibility, strength, technique, control and balance; perform dances using a range of movement patterns; take part in outdoor and adventurous activity challenges both individually and within a team; compare their performance with previous ones and demonstrate improvement to achieve their personal best; in Year 3 pupils will be taught to swim competently, confidently and proficiently.

2) Implementation – PE Leaders will use:

- Lesson observations and check ins.
- Long term and medium term planning reflected within year group planning.
- Teacher training and support and continued links with additional expertise within TPLT.
- Pupil conferencing ~ talking to the children and listening to them about their learning and understanding of PE/Sport/Physical Activity
- Talk to teachers and support staff – are they teaching the intended curriculum?
- Teachers will plan using the Curriculum Overviews and PE resources as a scaffold to ensure the progression of skills is followed. Teachers will assess children's learning using the CBPSA PE assessment grids to ensure there are excellent outcomes and so our previously higher or lower attaining children are supported and challenged.
- Opportunities for children to engage in extra-curricular activities, in addition to competitive and non-competitive events.

3) What is the impact?

- Pupil conferencing- can children talk about their own PE skills/knowledge and the importance of a healthy/active lifestyle?
- Participation is high in competitive and non-competitive events
- PE has a high focus across the school and children respond positively to their PE/Activity sessions
- Through the use of additional coaches/support/resources, pupils will experience a wide range of activities and have the opportunity to have high quality coaching
- The variety of sports and activities ensures that all children develop confidence, tolerance and an appreciation of their own and others' strengths and weaknesses.

4) What will excellence look like in PE?

- Teachers know the intent of PE – why we are teaching what we are teaching
- Topic planning will show progression of skills being taught
- Children will speak confidently and enthusiastically about PE and the range of activities
- Children and adults will have an enthusiasm for a variety of sporting activities and readily engage in further opportunities
- Children can explain the benefits of a healthy and active lifestyle